

REDUCING ANXIETY IN THE CLASSROOM

Presenter: Jessica Minahan, M.Ed, BCBA

author of "The Behavior Code: A Practical Guide
to Understanding and Teaching the Most Challenging Students"

December 7, 2018

9am - 4pm

Beringia Centre

With up to one in four children struggling with anxiety in this country, overwhelmed adults are in need of a new approach as well as an effective and easy-to-implement toolkit of strategies that work.

Through the use of case studies, humorous stories, and examples of common challenging situations, participants will learn easy-to-implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, accurate thinking, and self-monitoring.

Cost includes lunch & snacks: \$194
Register: LDAYukon.com

Presented by:

